

PLAY DAVIE Parks and Recreation Guide

SUMMER 2019

Headlines

Summer Sports

Beat the summer heat at our newly remodeled Betty Booth Roberts Park Pool

PLUS! Summer Camp Information

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WHAT'S IN STORE THIS SUMMER

As you browse through our first digital edition of the Play Davie Parks and Recreation Guide take note of the extensive recreational and leisure programming as well as the all of the amazing parks the Town of Davie has to offer. Our team works relentlessly to ensure our residents have a great place to play, exercise and enjoy the outdoors. Beat the heat this summer at the Shenandoah Splash Pad, the Pine Island Park Pool and the newly renovated Betty Booth Roberts Pool. On behalf of the Parks, Recreation and Cultural Arts Department and the Town of Davie, I wish everyone a safe and happy summer.

Jeffrey Pohlman

Parks, Recreation and Cultural Arts Director

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RECREATION PROGRAMS AND CLASSES

ZUMBA

Join the party! A fun-and-effective total-body workout for people of

all ages and fitness levels. This class is full of healthy energy, fun music, dynamic dancing, and ZUMBA! Classes are held at the Pine Island Multipurpose Center, 3801 South Pine Island Road, on Mondays, Tuesdays, and Thursdays, from 5:30 p.m. to 6:30 p.m. Zumba is free for Davie residents and \$5.00 for nonresidents. This class is provided by Baptist Health of South Florida. Please call 786-596-3812, or contact communityexercise@baptisthealth.net for more information.

DAVIE BABY BOOTCAMP

Our programs are led by nationally certified fitness professionals and provide fitness, nutrition, and community support for moms. Bring your baby with you! Fitness for mom and fun for baby. Classes are offered on Wednesdays and Fridays, from 9:30 a.m. to 10:30 a.m., at Robbins Lodge, 4005 South Hiatus Road, and on Saturdays, from 9 a.m. to 10 a.m., at the Pine Island Multipurpose Center, 3801 South Pine Island Road. For more information, please contact Amanda at 954-399-2521.

BASKETBALL DAVIE CBBA ACADEMY

We are a "fundamentals"-based program for ages 5 through 15. The athletes train on every fundamental skill and aspect of basketball. Sessions consist of highly intensive fundamental stations, small group games, speed, agility, and conditioning. Sessions are held at the Pine Island Multipurpose Center, 3801 South Pine Island Road, on Tuesdays and Thursdays, from 7:15 p.m. to 8:30 p.m., and Saturdays, from 10:15 a.m. to 11:30 a.m. For more information and to register, please call 954-980-9270, or visit www.cbba.com

MARTIAL ARTS

DAVIE ATEMI-RYU JU-JITSU

Instructors teach effective self-defense for children and adults. Everyone can do it! All ages are welcome. Classes are held on Mondays and Thursdays,

from 6 p.m. to 9 p.m., and Saturdays, from 12 p.m. to 3 p.m., at the Shenandoah Community Center, 14452 Shenandoah Parkway. For more information, please call Dr. Chenique at 954-967-8272.

DAVIE USA GOJU KARATE

The benefits are endless: self-confidence, physical fitness, discipline, courtesy, respect for others, and self-control. Classes are held on Mondays and Wednesdays at the Pine Island Multipurpose Center, 3801 South Pine Island Road, from 6:30 p.m. to 9:30 p.m., and on Mondays and Thursdays at the Ivanhoe Community Center, 6101 S.W. 148th Avenue, from 6:30 p.m. to 9:30 p.m. These classes are offered on a continuous basis. To register, come in 5 minutes before any class begins. For more information, please call Jim Kelljchian at 954-673-3455.

DAVIE CHESS CLASSES

Improve your child's self-confidence, imagination, concentration, and intuition. Professional instruction will be provided during classes at the Pine Island Multipurpose Center, 3801 South Pine Island Road, on Fridays, from 5:30 p.m. to 6:30 p.m. Materials and books are included in the cost. Classes are \$99 per session, plus an annual registration fee of \$25. Each session is four classes. For more information, call 954-650-2562.

DAVIE LIL STARS SPORTS

Lil Stars Sports includes nationally recognized child physical development programs, Kickstart Soccer, Lil Sluggers, and Shooting Stars, using a variety of fun games to delight and to engage kids in physical activity. The curriculums are professionally designed to develop motor skills, promote physical fitness, and to create self-confidence in kids and younger children. It stresses a noncompetitive environment and promotes fun above all else. For kids 18 months to 6 years. Classes are offered on Thursdays, from 9 a.m. to 11 a.m., at the Pine Island Multipurpose Center, 3801 South Pine Island Road. For more information, please call 954-327-3941.

DAVIE ROBOTICS

Encourage your child to explore and to learn pre-engineering concepts. The children build their own robot following the step-by-step instructions and then use a computer to program the robot to accomplish a predetermined mission. All workshops are different in mission, attachments, and games. Classes are held on Mondays, from 4:30

p.m. to 5:30 p.m., at the Davie Pine Island Multipurpose Facility, 3801 South

Pine Island Road. Classes are designed for children ages 6 to 12 years old.

For more information and to register, please call 786-262-6266.

DUTCH LANGUAGE

Expand your child's knowledge by learning a new language. Dutch language classes are offered at the Pine Island Multipurpose Center, on

Saturdays, from 9 a.m. to 1 p.m. For more information, please call 561-542-0268

CHINESE LANGUAGE

Have you always wanted to learn a new language? The South Florida Chinese Cultural Arts Association offers Chinese language instruction at

the Pine Island Multipurpose Center on Sundays, from 9 a.m. to 5 p.m. For

more information, please call Junkai Wang at 561-305-3187.

DAVIE SOUTH FLORIDA CLOGGERS

The South Florida Cloggers are known throughout the southeast region of

the United States and recently competed on America's Got Talent. They also were the only community dance group requested to perform in the Universal Studios Macy's Day Parade and have performed twice at Disney World. In last year's National Clogging Championships, they finished second. The team is made up of high-energy performers of all ages starting with 2 year olds through seniors. This program is held at Robbins

Lodge, 4005 Hiatus Road, and is offered on Mondays, Tuesdays, and Wednesdays. For more information, please call Rebecca Vetter at 954-347-5207.

DAVIE JAZZERCISE CLASSES

Jazzercise is a pulse-pounding, beat-pumping fitness program that gets you results...fast. It is a calorie-torching, hip-wiveling dance party with a

hot playlist to distract you from the burn. Classes are offered seven days a

week at the Pine Island Multipurpose Center.

8:15 a.m., Sunday

9:00 a.m., Monday/Tuesday/Wednesday/Thursday/Friday

8:00 a.m., Saturday

9:00 a.m., Sunday

5:15 p.m., Tuesday/Thursday

6:00 p.m., Monday/Tuesday/Wednesday/Thursday

7:00 p.m., Mon/Wed

For more information, please contact Penne Kositprapa at 954-348-4411, or email her at daviejazzercise@yahoo.com

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7:00 p.m., Mon/Wed

For more information, please contact Penne Kositprapa at 954-348-4411, or email her at daviejazzercise@yahoo.com

ACTIVE ADULT & SENIOR ACTIVITIES

Come join us for mahjong, bingo, cards, day trips, monthly guest speakers, and much more. Also participate in other recreational activities such as beading, crocheting, quilting, painting and drawing, miniature crafting, and more! Please call us at 954-327-3941 for more information on all of the daily, weekly, and monthly programs we offer. The Multipurpose Center is located at 3801 South Pine Island Road.

DAVIE CHAIR YOGA

Chair yoga will improve postures, deepen the breath, increase strength, flexibility, balance, and relaxation, and will decrease stress. Chair yoga is ideal for those who do not want or who are unable to get down to the floor on a traditional yoga mat. Using the chair for support, the postures will be presented in a slow, clear, and manageable way in-order for the student to comfortably and confidently connect with the mind and the body. Enjoy all the benefits of a regular

yoga practice in a safe and encouraging atmosphere. Suitable for all levels and abilities. Classes are held on Wednesdays, from 11:30 a.m. to 12:30 p.m., at the Pine Island Multipurpose Center, 3801 South Pine Island Road. For more information, please contact instructor Katie Meuse, E-RYT, at 860-625-2241 or at yogameuse@yahoo.com

DAVIE HATHA YOGA

This all-levels class incorporates breath, alignment, strength, flow, balance, self-observation, and self-nurturing. It encourages you to find your edge while moving at the pace most comfortable for you in the moment. In addition to strength, balance, and flexibility, present moment awareness reduces stress and enhances peace. Please bring your own mat or towel. Classes are held on Wednesdays, from 10 a.m. to 11 a.m., at the Davie Pine Island Multipurpose Center, 3801 South Pine Island Road. For more information please contact instructor Katie Meuse, E-RYT, at 860-625-2241 or at yogameuse@yahoo.com

Ageless Grace

The Ageless Grace Chair Exercise Program offers 21 simple tools for lifelong comfort and ease and can be done by almost anyone of any age or ability. The movement sequences focus on the health and longevity of the body, mind, emotions, and spirit. All the exercises are designed to be practiced in a chair. Classes are held every Tuesday and Friday, from 10 a.m. to 11 a.m., at the Pine Island Multipurpose Center, 3801 South Pine Island Road. There is no cost for seniors and Silver Sneakers members. For more information, please call 954-327-3941.

ALL TRIPS, ACTIVITIES, AND EVENTS ARE SUBJECT TO CHANGE.

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Image of Pine Island Aquatics and Fitness Center pool

Title: DAVIE AQUATICS & FITNESS

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SWIMMING LESSONS

The Town of Davie Aquatics Division offers year-round swimming lessons internally conducted by Town certified staff. These swim lessons are geared to help swimmers of all ages and abilities develop their swimming and water safety skills.

Mommy & Me: This program is open to children ages 6 months to 3 years. This course is a fun way for parents to introduce their infant/young child into the aquatic environment. Parents will help their child learn basic safety skills, as well as elementary swimming skills. No swimming experience is necessary. The maximum is 10 children per class.

Davie Preschool Swim Lessons: This program is open to children ages 3 to 5 years. Children learn water safety, survival skills, and foundational swimming concepts in a safe environment. This program helps children become comfortable in the water and with basic safety. Introduces fundamental skills like kicking and coordinating arm and leg movement.

Learn to Swim Levels: Ages 6 years and up. This program is for children to progress through the levels at their own pace. Level 1: Helps individual become comfortable in the water and with basic water safety. Level 2: Introduces primary skills such as floating and kicking. Level 3: Introduces strokes, and students learn coordination involved with the basic strokes. Level 4: Stroke improvement. Please call 954-327-3927 for more information.

Learn to Swim registration is on a first-come, first-serve basis. Class ratio is 1 instructor for 6 children. Please call 954-327-3927 for more information.

EARLY MORNING LAP SWIM

Lap swim is available at the Davie Pine Island Park Pool. Come swim with us and get a great workout! We offer early morning swimming Monday through Friday, from 5 a.m. to 10 a.m. We have dedicated lanes available during normal hours of operation. When necessary, lap lanes must be shared. Children under 16 years of age must be accompanied by an adult. For more information, please call 954-327-3927.

POOL PARTIES

Book your next birthday party or special event at the pool. For more information, please call 954-327-3927.

LIFEGUARD CERTIFICATION TRAINING COURSE

This 30-hour training course is conducted by an American Red Cross instructor. Successful completion of this course includes certification in Lifeguard/First Aid and CPR/AED from the American Red Cross. For more information, please call 954-327-3927.

JOIN THE SWIMFAST SWIM TEAM

SWIMFAST is a full-service swim team serving young swimmers ages 6 and up in three groups, Stroke School (for new swimmers of all ages), Age Group, and Senior Swimmers. The SWIMFAST Program can fulfill your swimming needs whether you are a new swimmer or an elite swimmer aspiring to high levels of success. The coaching staff, headed by John Leonard, is one of the best-known names in the world of swimming. It includes 3 ASCA Level 5 (highest level) coaches, two Level 4 coaches, and one Level 3 coach. To join, contact the coaches in person at the pool (on deck from 4 p.m. to 7 p.m., daily, Monday through Friday), or please contact Coach John Leonard at 954-684-3024 or by email at JLeonard@swimmingcoach.org

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PUT IN THE WORK, GET RESULTS.

DAVIE EXCEPTIONAL FITNESS FOUNDATION

Exceptional Fitness Foundation provides training to individuals, fitness coaching, and recreation programs to individuals on the autism spectrum and other special needs. Curriculum integrates functional fitness movements, martial arts, musical movement, yoga, and safety instruction. Please contact Jason at 954-815-1546 for more information.

DAVIE PERSONAL TRAINING

South Florida Fitness Pro. Where the pros get trained! Personal trainer Charles Mihlstin has over 25 years of experience in the fitness community.
A-Z Sports Specialist
Customized Nutrition and Workout Plan
Fat Loss and Body Shaping
Fitness and Nutrition for the Next Generation
Nutrition Analyst
Trainer of Champions

Please contact Charles at 954-401-9860 for your free consultation.

DAVIE AQUATICS FITNESS PERSONAL TRAINING

Aquatic personal training includes one-on-one instruction which consists of a fitness evaluation and a skill-level evaluation, personal goal setting, and a written workout plan. There is a discount for multiple sessions. Aquatic personal training will help you to improve flexibility, balance, and to build strength in a safe environment, especially for those recovering from injury. Furthermore, you will have fun! Contact Nancy at 954-383-1132 or at njolson97@gmail.com or at www.nancyolsonwaterfitness.com for more information about these programs.

Our team is dedicated to providing you with the best possible experience to meet your fitness needs and goals.

Amenities

The Pine Island Fitness Center has state-of-the-art equipment that is both familiar and comfortable. Our facility has full locker-room facilities and is open seven days a week.

Elliptical Machines

Free Weights and Dumbbells

Selectorized and Isolateral Equipment

Stationary Bikes

Strength Training Equipment

Treadmills

If you are a Silver Sneakers member, we are equipped to be your authorized Silver Sneakers Fitness Facility.

PINE ISLAND FITNESS CENTER

3800 S.W. 92ND Avenue, 954-327-3926

MONDAY – FRIDAY – 5 A.M. TO 8:45 P.M.

SATURDAY AND SUNDAY – 8 A.M. TO 5:45 P.M.

Locker rooms and showers are available.

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PLAYTIME HOT SPOTS

Find your nearest playground

Bergeron Park

1900 S. Nob Hill Road

Betty Booth Roberts Park

4200 S.W. 61st Avenue

Davie Pine Island Park

3801 S. Pine Island Road

Driftwood Estates Park
3300 N.W. 77th Avenue

East Davie Nature Park
5350 S.W. 58th Avenue

Falcons Lea Park
14900 Stirling Road

Fire Fighter Park
6991 Orange Drive

Reflections Park
4200 Alpine Woods Road

Robbins Preserve
4005 S. Hiatus Road

Shenandoah Park
14601 S.W. 14th Street

The Park at Waverly
6625 Hawkes Bluff Avenue

Veterans Park
5750 SW 39th Street

Waterford Park
15090 S Waterford Drive

Wes Griffin Park
2300 S.W. 71st Terrace

Lange Park
6550 S.W. 47th St.

Liberty Park
13500 SW 8th St.

Math Iglar Citrus Park
2581 S Hiatus Rd.

Oakhill Equestrian Park
3100 S.W. 130th Ave.

Palomino Park
15410 S.W. 50th Street

Potter Park/Gymnasium

4300 S.W. 57th Terrace

Image of Children on slides

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DAVIE YOUTH SPORTS PROGRAMS

BAMFORD SPORTS COMPLEX AT PINE ISLAND PARK | 3801 S. PINE ISLAND ROAD
| 954-327-3941 OR 954-797-1145.

The Town of Davie offers a wide variety of sports for boys and girls ages 3 to 15 years old throughout the year. Our weekday activities begin no earlier than 6 p.m., and the participants play on Saturday mornings and early afternoons as well. Parents may register their children at the Pine Island Multipurpose Center, 3801 S. Pine Island Road, or the Pine Island Fitness and Aquatics Center, 3800 S.W. 92nd Avenue. Parents must provide a copy of their children's birth certificate and proof of Town of Davie residency at time of registration.

DAVIE FLAG FOOTBALL CHEERLEADING

This program is open to children ages 4 to 10 years old. Registration begins on May 14 through July 14. Resident fees are \$85, and nonresident fees are \$100. At the time of registration, parents must provide a copy of their child's birth certificate and proof of Town of Davie residency. Registration is held at the Davie Pine Island Multipurpose Center, 3801 South Pine Island Road. For more information, please call 954-327-3929.

DAVIE – FLAG FOOTBALL

Registration begins on May 13 through July 14. Program begins on August 5. Resident fees are \$105, and nonresident fees are \$155. At the time of registration, parents must provide a copy of their child's birth certificate and proof of Town of Davie residency. Registration is held at the Davie Pine Island Multipurpose Center, 3801 South Pine Island Road. For more information, please call 954-327-3944.

DAVIE SMART START FLAG FOOTBALL

Smart Start is a great way to get children ages 3 and 4 years old involved in sports. Registration begins on May 13 through July 14. The program begins on August 5. Resident fees are \$75, and nonresident fees are \$100. At the time of registration, parents must provide a copy of their child's birth certificate and proof of Town of Davie residency. Registration is held at the Davie Pine Island Multipurpose Center, 3801 South Pine Island Road. For more information, please call 954-327-3929.

DAVIE PICKLEBALL – 6 OUTDOOR COURTS

Pickleball is one of the fastest-growing recreational sports in the

country. Pickleball is a court game that is a mixture of tennis, badminton, and ping-pong. Participants can learn to play in minutes. Pine Island Park has six permanent outdoor courts which are open daily from 6:30 a.m to 10 p.m.

SKATEBOARDING | DAVIE SKATE PARK

The Davie Skate Park is located in the Bamford Sports Complex and is open daily from 8:30 a.m. – 10 p.m.

DAVIE SKATEBOARD LESSONS

Want to learn how to skateboard or to learn new tricks and techniques? Join All Out Skate for group and private lessons at the Davie Skate Park located in the Bamford Sports Complex. For more information, visit www.alloutskate.com, or please call 954-391- 5234.

WINTER SOCCER

Registration opens on August 12 and closes on October 6. This program is open to boys and girls ages 3 through 15. For more information, call 954-327-3929. Registration is held at the Davie Pine Island Multipurpose Center, 3801 South Pine Island Road.

Registration Fees:

Ages 3 to 4 \$75 Davie Resident \$100 Non-Davie Resident
Ages 5 to 9 \$105 Davie Resident \$155 Non-Davie Resident
Ages 10 to 15 \$130 Davie Resident \$155 Non-Davie Resident

TENNIS LESSONS

BUDDY WALKER ACADEMY

Lessons are held at Pine Island Park, 3801 South Pine Island Road, for ages 5 and up. Classes run continuously throughout the year. For more information, please call Buddy Walker at 954-370-6763

FIT TENNIS ACADEMY

Using a cooperative coaching style, Felix Insaurralde loves teaching kids and adults the great game of tennis. Instructional programs for ages 4 and up are held at Waverly Park, Waterford Park, and Shenandoah Park. Lessons are available for adults and children, Monday through Saturday. All instructors are USPTA-Certified tennis instructors. For more information, please call 954-732-0588, or visit <http://fittennisacademy.com/>

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SUMMER CAMP FUN

Sunshine is a family-operated not-for-profit childcare provider that has been providing superior school-age childcare programs in Broward County since 1992. All programs are licensed and insured and operate under the policies and directives of the Division of Children & Family Services and the Broward

County School Board.

The Sunshine Afterschool Program is held at:

Pine Island Multipurpose Center, 3801

South Pine Island Road.

Ivanhoe Community Center, 6101 S.W.

148 Avenue Eastside Community Hall, 4300 S.W. 55th
Avenue.

For more information, please call 954-236- 8850.

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PARKS, RECREATION & CULTURAL ARTS SUMMER 2019 | 954-327-3941 |
WWW.DAVIE-FL.GOV

The Parks, Recreation and Cultural Arts Department of is committed to providing superior parks and recreation facilities and services the residents of the Town of Davie. In addition, the department actively promotes Davie's rich history and heritage of open space, environmental awareness, and community values of inclusiveness and recreation equality.